












Level 5 & Above - Balancing Beam Routine

A	Any Mount (1.00)	Mount
B	Toe turn 360 (1.20)	
	Scale Turn 360 (1.50)	
C	Backwalkover (1.00)	
	Flic OR Backwalkover to Flic (1.30)	
	Tik-Tok to Flic (1.50) Flic to Flic (2.00)	
D	Split Leap to Jump(1.00)	
	Switch leap to jump (1.50)	
E	2 Split Jump (1.00)	
F	DISMOUNT	
	Fwd or Bwd salto tuck (1.0)	
	Cartwheel Back (1.50) Roundoff Back (2.00)	

1.00 for Choreography